



COMMUNITY NETWORK

~ Growing community wellness ~

Coalition Meeting

South County Admin Building

7013 Sandridge Rd

Long Beach, WA 98631

September 13, 2016

3:00pm - 4:40pm

Members Present:

Carly Castaneda, Katie Lindstrom, Bill Buck, Becky Fischer, Vinessa Karnofski, Wayne Leonard, Amanda Palmer, Donna Hallock, Kelsey Hopstad, , Barbara Bate, Mary Goelz, Jon Ducharme, Nichole Lopez, Rosanne McPhail, Queen Katsuta, Jean Fisher

Guests: Gloria Buck, Rebecca Manlow, Peter Mathis, Lisa Nelson, Karen Brownlee, Nichole Lopez, Maria Mandt,

AGENDA ITEM	DISCUSSION	DECISIONS, ACTIONS, ASSIGNMENTS
Meeting called to order and Approval of Prior Meeting Minutes	Meeting minutes were reviewed from August coalition meeting.	☐ Kelsey H. moved to approve minutes from the August coalition meeting Wayne L. 2 nd / Passed
Introductions & Announcements	Barbara Bate <ul style="list-style-type: none">Barbara shared the Tsunami of the Mind book she wrote and the 5k Recovery Run on September 18th. Bill Buck <ul style="list-style-type: none">Updated the group on the success of Pack2School! Carly Castaneda <ul style="list-style-type: none">Shared the WellSpring newsletter and asked members to share and fill out the community survey. Nichole Lopez <ul style="list-style-type: none">Peninsula Poverty Response Cape D. Triathlon on September 17th, register or volunteer! PPR also	Please visit wellspringpacific.org to take the community survey!



COMMUNITY NETWORK

~ Growing community wellness ~

	<p>Reminder about the PPR triathlon September 17th.</p> <p>Donna Hallock</p> <ul style="list-style-type: none"> Going to do an Elder Care Training, reminder that she would like to bring WITT to SPC community! <p>Becca Manlow and Kelsey Hopstad</p> <ul style="list-style-type: none"> Shared flyers on upcoming FORTE classes and Financial Literacy for youth <p>If you need any more information on any of these items, please contact Vinessa at: vkarnofski@co.pacific.wa.us</p>	<p>Please share it with your networks!</p>
<p>Match Tracking</p>	<p>A match tracking sheet is attached to your packet, if you travel to be here or donated any time, supplies etc. Please fill out and return the match tracking sheet to Vinessa. This really helps us meet our match that we are required to meet for our grants.</p>	
<p>Presentations</p> <p>Mini Grant- Gloria and Bill Buck Pack2School</p>	<p>Pack2School experienced another very successful year! 50 volunteers helped prepackage school supplies for peninsula children and on Tuesday, August 30, they gave out 400 backpacks! Pack2School was awarded \$300 through the Mini Grants Program.</p>	
<p>Presentations</p> <p>Mini Grant- PPR Triathlon Nichole Lopez</p>	<p>PPR Cape D. Triathlon is September 17th and so far 62 pp. have registered. PPR is expected to raise almost \$3,000 for the triathlon. There were 4 coordinators for this event and over 45 volunteers. PPR was awarded \$500 through the Mini Grant Program.</p>	



COMMUNITY NETWORK

~ Growing community wellness ~

<p>Presentations Karen Brownlee Empty Bowls</p>	<p>Empty Bowls is an annual fundraiser that helps local food banks restock their shelves. All students K-6th participate in making a bowl which is then available to parents for \$10 or the community when they attend the Empty Bowls Soup drive. Empty Bowls received \$500 from Mini Grants.</p>	
<p>Asset Builder Naselle School District</p>	<p>Lisa Nelson received the WellSpring Asset Builder Award on behalf of Naselle School District. Naselle participated in the NEAR presentations recently that training district staff on how adverse childhood experiences can affect children and that by building in some resiliency factors, you can change the potential negative outcome of the child's life.</p>	<p>Thank you to Naselle School District for participating in the NEAR Education and being a collaborator with WellSpring Community Network!</p>
<p>Treasurer Report Jon Ducharme</p>	<p>Jon reported the WellSpring 501c3 bank balance as \$4145.00</p> <p>There was a \$550.00 deposit after a fundraiser catering event with WBH.</p>	<p>Financial Team meets every other month, the third Monday of the month. We are always looking for help building a strong financial structure.</p>
<p>Discussion</p>	<p>Discussion on the following:</p> <ul style="list-style-type: none"> ▪ 10 Year Anniversary Planning Committee ▪ Fundraising Workshop coming up September 15th ▪ Town Hall Planning Committee 	
<p>Financial Literacy</p>	<p>Jon shared videos for WA. State Non-Profits.</p>	
<p>Elevator Pitch Workshop</p>	<p>Carly lead an exercise on giving a WellSpring elevator pitch.</p>	
<p>Next Meeting</p>	<p>October 11th, 3pm</p>	



WellSpring Team Meetings

Executive Team

October 27, 2016 from 12-1:30 (Boys and Girls Club, Contact Vinessa Karnofski 360-642-9300 x 2639 or vkarnofski@co.pacific.wa.us) note: the Executive Team regularly meets on the 3rd Thursday of every month

Peninsula Poverty Response

October 13, 2016 at 2 pm (St. Mary's Catholic Parish) Note: team meets on the second Thursday of the month

Parent Enrichment Team

October 25, 2016 at 12:30pm (County Building, contact Vinessa Karnofski (360) 642-9300 x 2639 or vkarnofski@co.pacific.wa.us) Note: the Parent Enrichment Team meets on the 3rd Tuesday of every month

Mental Health Team (NAMI)

October 25, 2016 contact Barbara Bates at bategofish@gmail.com) Note: the Mental Health/NAMI meetings are on the 4th Tuesday of every month and normally meet at the Peninsula Church Center

Sustainability Team

October 27, 2016 at 11am-12 pm (Boys and Girls Club, contact Vinessa Karnofski 360-642-9300 Ext 2639) Note: the Capacity Team meets on the 3rd Thursday of every month

Financial Team

October 17, 2016 at 10 am- 11 am (Ilwaco High School Library, contact Vinessa Karnofski 360-642-9300 Ext 2639) Note: the Financial Team meets on the 3rd Monday of every month

WellSpring Resilience Collaborative

October 10, 2016 at 10 am- 11 am (County Building, contact Vinessa Karnofski 360-642-9300 Ext 2639) Note: the WRC meets on the 2nd Monday of every month