



Coalition Meeting
South County Admin Building

7013 Sandridge Rd
 Long Beach, WA 98631

DATE: May 10, 2016

START TIME: 3:00pm

END TIME: 4:40pm

Members Present:

Carly Castaneda, Katie Lindstrom, Amber Rosewood, Rosanne McPhail, Sheena Humphreys, Geri Marcus, Kelsey Hopstad, Flint Wright, Becky Fischer, Mario Rodriguez, Vinessa Karnofski, Michelle Zilli, Mary Goelz, Barbara Bate, Jon Ducharme

Guests: Miki Cabell, Crystal Richey, Hunter Garmer, Don Nisbett, Jenna Austin Nisbett, Gail Moore, Alyssa Grams, Taylor Hallowell

AGENDA ITEM	DISCUSSION	DECISIONS, ACTIONS, ASSIGNMENTS
Meeting called to order and Approval of Prior Meeting Minutes	Meeting minutes were reviewed from April's meeting.	~ Rosanne moved to approve minutes from April's coalition meeting 2016 Kelsey 2 nd / Passed

<p>Introductions & Announcements</p>	<p>Becky Fischer</p> <ul style="list-style-type: none"> • Celebrated the work that her Resiliency Corps group has done in Pacific county!! <p>Kelsey Hopstad</p> <ul style="list-style-type: none"> • Career Symposium planned for May 19th 8-3:30 at Grays Harbor College Columbia Center. <p>Katie Lindstrom</p> <ul style="list-style-type: none"> • The FUD Permanent Housing Grant was awarded! If you know of homeless individuals with disabilities, Katie is the contact for more information. Katie Oien Lindstrom (koien@co.pacific.wa.us) <p>Barbara Bates</p> <ul style="list-style-type: none"> • The NAMI Wellness walk is May 21st. Register now! <p>Geri Marcus</p> <ul style="list-style-type: none"> • Job listings!! <ul style="list-style-type: none"> - Child and Family Therapist (school based) Long Beach - Chemical Dependency Professional Raymond / Long Beach - Chemical Dependency Professional/Trainee Raymond / Long Beach - Intensive Mental Health Case Manager (IMHCM) Raymond - Programs Administrator Long Beach/ Raymond - Psychiatric Nurse Practitioner/Clinical Specialist Needed! Long Beach / Raymond - Mental Health Therapist - Crisis Long Beach/ Raymond - Mental Health Therapist Long Beach/ Raymond <p>Rosanne McPhail</p> <ul style="list-style-type: none"> • Play group for children 0-3 May, June, July and August <p>Jon Ducharme</p> <ul style="list-style-type: none"> • Jon shared that a representative for Camp Victory, Amanda Palmer, was going to join the coalition! 	<p>~ Members please share with your networks!</p>
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<p>Match Tracking</p>	<p>A match tracking sheet is attached to your packet, if you travel to be here or donated any time, supplies etc. Please fill out and return the match tracking sheet to Vinessa. This really helps us meet our match that we are required to meet for our grants.</p>	
<p>Presentations</p> <p>Gail Moore: EF High School Exchange Program</p>	<p>EF High School Exchange Program: Gail Moore is the EF Exchange Program coordinator for Pacific County. This year she was able to place two students in Ilwaco High School. She is looking for more host families here on the peninsula. The application process for students and host families is rigorous but very rewarding. The commitment can be for 10 months or 5 months depending on the child's needs.</p>	<p>PLEASE, if you think you could host a foreign exchange student, contact Vinessa and she will get you in touch with Gail Moore.</p>
<p>Presentations</p> <p>Miki Cabell: Children's Advocacy Center</p>	<p>Children's Advocacy Center: Miki Cabell is the supervisor of the Parent-Child Assistance Program (PCAP) in Grays Harbor. They serve Grays Harbor and Pacific Counties. There are 12 Children's Advocacy Centers in Washington.</p> <p>They have a three year supportive program for addicted mothers. This program provides mothers with a case agent for three years. The case agent will work with the mothers to get them parent education, medical visits, housing and mental health support.</p> <p>Qualifying mothers will either be pregnant or up to 6mo. Post-partum or admit that they used drugs while carrying their baby.</p>	<p>If you know a mother that would benefit from the Grays Harbor Children's Advocacy Center, please contact</p>

<p>Asset Builder</p>	<p>Don and Jenna Nisbett</p> <p>Business partners Jenna and Don Nisbett run the Don Nisbett, Crew House and Queen La-Di-Da art galleries in Ilwaco Washington. Jenna is the Chair of Hilltop PTO and Toastmasters.</p> <p>The Nisbett's regularly volunteer their time and artistic talents to other non-profits, youth groups and local events. The fun, whimsical merriment nature of their personalities, their artwork and approach to life's challenges, lends to a beautiful relationship with their friends, neighbors and the entire community.</p> <p>Some charitable contributions worth noting are donations to Parents Inclusive, Hilltop PTO, Wrestling Beach Brawl, Friends of Ocean Park School, Black Lake Fishing Derby, multiple School athletic teams and drama and music classes. Active participants in Hilltop PTO, Parents Inclusive, Ilwaco Merchants Association and helped raise over 5,000 towards rebuilding Ilwaco City Park.</p> <p>Jenna and Don are local treasures and we are so proud to honor them with an Asset Builder award this month.</p>	<p>Reach out and congratulate Jenna Auston Nisbett and Don Nisbett this month!</p>

<p>Youth Klubs (Carly)</p>	<ul style="list-style-type: none"> • Yak presented at Ilwaco city council on May 9 on marijuana, vaping/e-cigs laws. YAK plans on doing this same presentation for Long Beach and Hilltop PTO. • Black Lake Trail clean-up was on April 18th with YES and track team. 	
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<p>Children’s Advocacy Center (Katie)</p>	<p>Right now CAC is stationed in Grays Harbor with some services available in Pacific County at Crisis Support Network. There was a planning retreat on May 5, to discuss the capabilities of Crisis Support Network to possibly extend their services to include mental health support and medical exams for sexually abused youth.</p> <p>The next meeting will be in June</p>	<p>Contact Katie Lindstrom for more information: Katie Oien Lindstrom (koien@co.pacific.wa.us)</p>
<p>WellSpring Resilience Collaborative (WRC) Report (Vinessa)</p>	<p>Michael O’Neill from Cowlitz Community Action Group joined us at our last WRC meeting May 9. Michael will be presenting to smaller organizations in South Pacific County and WRC is currently reaching out to Ocean Beach Hospital and Columbia Memorial Hospital Boards to see if they would like a presentation. Michael also shared some useful tools for teaching what Trauma-Informed Care is to the public.</p> <p>WRC has a draft of their strategic plan and annual plan and reviewed their presentation goals for 2016. A very rough outline of what the November Town Hall event will be was reviewed and discussed.</p>	<p>This team is moving and grooving! Join us to help build hope and resilience in our children!</p>
<p>Financial Team Report (Jon Ducharme)</p>	<p>Financial Team had a meeting April 18th at 10am at the Ilwaco High School Library. Currently the Financial Team is working on financial policy and procedure creation and prioritization. A list of suggested policies will be presented to the Executive Team for them to prioritize.</p> <p>Michelle Zilly shared two pathways for grant seekers. Grantstation is available at all three TRL in Ilwaco, Ocean</p>	<p>Financial Team meets every other month, the third Monday of the month. We are always looking for help building a strong financial structure.</p> <p>Please let your networks know about Grantstation and Grantselect! If you would like to</p>

	Park and Naselle. Grantselect is available through the TRL website using your library card number.	assist WellSpring by looking for grants that will help support our current programs, please do!
RX Takeback (Rosanne)	Ocean Beach Hospital hosted RX Takeback on April 30 th . Casey Meling, David Tobin and Rosanne McPhail greeted those who came to dispose of their unwanted prescriptions. Rosanne noted that there was no avenue for disposing sharps/needles. It was mentioned that Peninsula Pharmacy and the Health Department both will receive sharps/needles if they are used and put into a plastic milk jug or plastic soda bottle first.	Thank you Rosanne, Casey and David for your volunteer work!
Youth Mental Health First Aid (Carly)	Curtis Miller and Justin Ferrel presented a Youth Mental Health First Aid training on Friday April 22 and there was 19 attendees. Besides prevention and mental health specialist, there was also youth from Ilwaco High School there. The training taught how to identify someone in crisis vs. just sad and gave tips and tools for getting youth in crisis the help they need. Everyone found the training rewarding and insightful.	Thank you Carly, Sheena, Curtis and Justin for coordinating the food, set-up and training!
Ad Hoc Committees (Vinessa) <ul style="list-style-type: none"> - Safe Grad. June 11 - After Prom Party May 14 - Responsible Retailer Program May 18 	Vinessa asked that coalition members sign up to help with Safe Grad. Or After Prom Party. These are smaller events and just need some networking/media support mostly. WellSpring and TAC are working together with local governments and retailers to put together a Responsible Retailer Program. This will help create a working relationship with law enforcement, local governments and retailers to reduce the exposure our youth in Pacific County have to alcohol, vaping/e-cig, tobacco and Cannabis products.	~ Contact Vinessa if you are interested in helping with any of these events! vkarnofski@co.pacific.wa.us

Next WellSpring Meeting:

- Tuesday June 14, 2016 3:00–4:30 pm South County Admin Building 7013 Sandridge Road.
Call Vinessa at 360-642-9300 ex 2639 or email vkarnofski@co.pacific.wa.us for more info.

WellSpring Team Meetings:

- **Executive Team**, May 19, 2016 from 12-1:30 (Boys and Girls Club, Contact Vinessa Karnofski 360-783-2822 or vkarnofski@co.pacific.wa.us to RSVP) *note: the Executive Team regularly meets on the 3rd Thursday of every month*
- **Peninsula Poverty Response**, June 9, 2016 at 2 pm (St. Mary's Catholic Parish)*Note: team meets on the second Thursday of the month*
- **Parent Enrichment Team**, May 24, 2016 at 12:30pm (County Building, contact Vinessa Karnofski (360) 783-2822 or vkarnofski@co.pacific.wa.us *Note: the Parent Enrichment Team meets on the 3rd Tuesday of every month*
- **Mental Health Team(NAMI)** May 24, 2016 contact Barbara Bates at bategofish@gmail.com) *Note: the Mental Health/NAMI meetings are on the 4th Tuesday of every month and normally meet at the Peninsula Church Center*
- **Sustainability Team**, May 19, 2016 at 10 am-11 pm (Boys and Girls Club, contact Vinessa Karnofski 360-642-9300 Ext 2639) *Note: the Capacity Team meets on the 3rd Thursday of every month*
- **Financial Team**, June 20, 2016 at 10 am- 11 am (Ilwaco High School Library, contact Vinessa Karnofski 360-642-9300 Ext 2639) *Note: the Financial Team meets on the 3rd Monday of every month*
- **WellSpring Resilience Collaborative** June 13, 2016 at 10 am- 11 am (County Building, contact Vinessa Karnofski 360-642-9300 Ext 2639) *Note: the WRC meets on the 2nd Monday of every month*