



Coalition Meeting Minutes  
 South County Admin Building  
 7013 Sandridge Rd  
 Long Beach, WA 98631  
 March 14, 2017  
 3:00pm - 4:45pm

**Members Present:**

Kelsey Hopstad, Jon Ducharme, Nichole Lopez, Rosanne McPhail, Vinessa Karnofski, Flint Wright, Sheena Humphreys, Wayne Leonard, Nancy McAllister, Elly Rosaire, Mary Goelz, Bill Buck

**Guests:**

Nikki Fortuna, Bruce Bailey, Michaela Eastham, Jessica Verboomen, Peter Mathis

AGENDA ITEM	DISCUSSION	DECISIONS, ACTIONS, ASSIGNMENTS
<p><b>Approval of Prior Meeting Minutes</b></p>	<p>Meeting minutes were reviewed from February coalition meeting.</p>	<p><b>Nancy M. moved to approve minutes from the Feb. coalition meeting</b>  <b>Rosanne 2nd/ Passed</b></p>
<p><b>Introductions &amp; Announcements</b></p>	<p><b>Sheena-</b> WellSpring Newsletter is out.</p> <p><b>Nichole-</b> PPR Cape D Triathlon is May 20th! Register now on EventBrite.</p> <p><b>Peter-</b> Bookworm Buddies needs volunteers to read with children.</p> <p><b>Nikki-</b> GHC has several programs starting April 10<sup>th</sup>. POMPC also has a mental health first aid training coming up. <a href="http://www.pompc.org">www.pompc.org</a> is now live!</p> <p><b>Mary-</b> Networks for Life suicide prevention training is available.</p>	<p><b>Please share these with your networks!</b></p> <p><b>For more information about any of these events, please contact Vinessa Karnofski at: <a href="mailto:vkarnofski@co.pacific.wa.us">vkarnofski@co.pacific.wa.us</a></b></p>



## COMMUNITY NETWORK

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<p><b>Match Tracking</b> Flint Wright</p>	<p>A match tracking sheet is attached to your packet, if you travel to be here or donated any time, supplies etc. Please fill out and return the match tracking sheet to Vinessa. This really helps us meet our match that we are required to meet for our grants.</p>	<p><b>Match tracking sheets are available upon request.</b></p>
<p><b>New Member Application</b> Vinessa Karnofski</p>	<p>Nikki Fortuna is a member of Peace of Mind Pacific County (POMPC) and works at Grays Harbor College Columbia Center.</p>	<p><b>Nancy motioned to accept the application, Flint 2nd/Passed</b></p>
<p><b>Asset Builder</b> ESD 113 Katie Cutshaw Michaela Eastham Jessica Verboomen</p>	<p>ESD 113 has been a provider for youth substance abuse treatment and prevention for 20 years. The number of children in treatment has doubled since their implementation of a full time intervention/prevention specialist in Ilwaco High School.</p>	<p>Want to recommend an Asset Builder? Contact Vinessa Karnofski, vkarnofski@co.pacific.wa.us</p>
<p><b>Treasurer Report</b> Jon Ducharme</p>	<p>\$2572.02 in the 501(c)(3) account (unchanged since February).</p> <p>We have a document for tax deductible donations.</p> <p>Financial Team would really appreciate help creating their 990 tax form (extremely important for raising funds).</p> <p>Washington Nonprofits is holding a training in South Bend April 24th and June 2nd on how to effectively raise money for nonprofits for a low fee.</p>	<p>Financial Team is recruiting members! Our next meeting is April 17th at 10am in the Ilwaco High School Library.</p> <p>"We have a good time." - Vinessa Karnofski</p> <p>Please share the WellSpring Pay Pal donation account with your friends!</p>
<p><b>AmeriCorps Report</b> Nichole Lopez</p>	<p>Q2 reporting just finished for Washington Service Corps and my volunteer hour goals are already hit!</p> <p>YAK Night was a success! We had 147 students in attendance (a record!).</p>	



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<p><b>WellSpring Resiliency Collaborative (WRC) Report</b> Vinessa</p>	<p>Tori Henderson was at our last meeting, and brought some great resources to aid our work with ACEs.</p> <p>60 attendants at our screening of Resilience in Feb 25th. Great reactions and requests for more showings. We plan on buying a few DVDs and presenting for more groups in our community.</p> <p>Tessa Clemens just got trained to give ACEs presentations.</p> <p>Timberland Regional Libraries recently requested a presentation.</p>	<p>If you would like to get involved with WellSpring Resilience Collaborative, please join us every second Monday of the month at 10am at South Pacific County Meeting Rm.</p>
<p><b>Executive Team Retreat Report</b> Vinessa Karnofski</p>	<p>Capacity-building was our biggest topic of discussion. We'd love to see a more diverse membership, and we realize that many members cannot attend general meetings but are present at other WellSpring events. We'd like to identify gaps in community involvement.</p> <p>Name plates now being used, to see different roles and groups being represented.</p> <p>Fundraising Report- Coming soon to a meeting near you.</p>	<p>The executive team meets the 3rd Thursday of every month, all are welcome to attend and share their views.</p> <p>Check out our success map at any meeting.</p>
<p><b>Pledge Card Review</b> Nichole Lopez</p>	<p>Two examples for the coalition to review. Suggestions:</p> <ul style="list-style-type: none"> <li>• Online-only system</li> <li>• Remove credit card info space</li> <li>• No QR code space</li> <li>• Specific, targeted mailers</li> <li>• Attached to quarterly newsletter</li> </ul> <p>Wayne proposed that a staff position should be created solely for fundraising for WellSpring.</p> <p>\$150,000 is needed annually to keep WellSpring functional.</p>	



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<b>Next Meeting</b>	<b>April 11th, 3:00 - 4:45 PM</b>	<b>Bonus challenge: Invite a friend or colleague to join the conversation!</b>
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### **Next WellSpring Meeting:**

April 11th, 2017 3:00–4:30 pm South County Admin Building 7013 Sandridge Road. Call Vinessa Karnofski at 360-642-9300 ex 2639 or email [vkarnofski@co.pacific.wa.us](mailto:vkarnofski@co.pacific.wa.us) for more info.

### **WellSpring Team Meetings:**

- Executive Team Meeting April 20th, 2017 from 12-1:30 (Ilwaco High School Library. Contact Vinessa Karnofski 360-642-9300 x 2639 or [vkarnofski@co.pacific.wa.us](mailto:vkarnofski@co.pacific.wa.us) to RSVP) *note: the Executive Team regularly meets on the 3rd Thursday of every month*
- Peninsula Poverty Response, April 13th, 2017 at 2 pm (St. Mary's Parish, contact Vinessa Karnofski 360-642-9300 x 2639 *Note: team meets on the second Thursday of the month*
- Parent Enrichment Team, April 27th, 2017 at 12:30pm (County Building, contact Vinessa Karnofski (360) 783-2822 or [vkarnofski@co.pacific.wa.us](mailto:vkarnofski@co.pacific.wa.us) *Note: the Parent Enrichment Team meets on the 4th Tuesday of every month*
- Peace of Mind April 25th, 2017 contact Barbara Bates at [bategofish@gmail.com](mailto:bategofish@gmail.com)) *Note: the Mental Health/NAMI meetings are on the 4<sup>th</sup> Tuesday of every month and normally meet at the Peninsula Church Center*
- Sustainability Team, April 20th, 2017 at 11-12pm (Ilwaco high School, contact Vinessa Karnofski 360-642-9300 x 2639) *Note: the Sustainability's Team meets on the 3rd Thursday of every month*
- WellSpring Resilience Collaborative, April 10th, 2017, 1-3pm (South Pacific County meeting room. Contact Vinessa Karnofski 360-642-9300 x 2639 ) *Note: the WRC meets on the 2<sup>nd</sup> Monday of every month*